

Legend

- **Everyday**—Foods that can be eaten regularly
- ▲ **Occasional**—Foods that should be eaten only sometimes

Without Volunteers our School Canteen cannot operate

If you could spare any time (primarily from 9.00am to 12.00pm) to help us out in the canteen once a term / month / fortnight / week, we would love to hear from you.

Volunteering is a great way to be part of our school community, meet other parents and carers and learn how our canteen operates.

You will get a free lunch, endless tea/coffee, great company and best of all the beaming smile on your child's face when they see you in the canteen.

If you wish to help out please see the staff at the office for a volunteer application form.

Additional Information

Items/prices are subject to change and will be notified via the school newsletter and social media,

Thurgoona Public School

Canteen Menu

Term 3 2025

The Canteen is open Wed, Thu, Fri each week.

**Lunches are preferred to be preordered via
Quickcliq. (www.quickcliq.com.au)**

Our canteen is run as a service to the school by the
P&C Association.

We aim to comply with the NSW Healthy School Canteen Strategy
by providing a variety of affordable meal, drink and snack items.

Please support us so that we can continue to offer this service.

HOT FOOD

Chicken Fried Rice	\$4.50●
Mac and Cheese	\$3.50●
Pizza Muffin—(Hawaiian or Ham and Cheese)	\$4.00●
Spaghetti Bolognese	\$4.00●
Beef Traveller Pie	\$5.00▲
Nugget & Rice pack (5 nuggets)	\$5.50▲
Chicken Nuggets 3 Pack	\$2.40▲
Chicken Nuggets 6 Pack	\$4.80▲
Hotdog with or without sauce	\$4.00▲
Chicken & Salad Burger (Lettuce, tomato, cheese, mayo)	\$6.00▲
Chicken Burger (Lettuce and Mayo)	\$5.70▲

DRINKS

Spring water 600ml	\$2.00●
Fruit Juice 250ml—Apple, Apple and Blackcurrant, Tropical	\$2.50●
Flavoured milk 200ml —Chocolate, Strawberry	\$2.50●
Chill J Juice 250ml— Six flavours	\$2.50●

EXTRAS

Tomato Sauce Sachet	\$0.20
Soy Sauce	\$0.00
Lunch Wallet—Blue, Pink, Purple, Green Yellow	\$10.00

SANDWICHES/WRAPS

Salad (Lettuce, tomato, carrot, cheese, cucumber, mayo)	\$4.00●
Chicken, lettuce & mayo	\$4.50●
Ham and cheese	\$4.50●
Ham, Cheese and Tomato	\$5.00●
Egg and lettuce	\$4.00●
Salad Wrap (lettuce, tomato, carrot, cheese, cucumber, mayo)	\$5.00●
Chicken Salad Wrap (Salad wrap with chicken)	\$6.00●
Ham Salad Wrap (Salad wrap with ham)	\$6.00●

TOASTED SANDWICHES/WRAPS

Cheese only	\$3.00●
Chicken only	\$4.50●
Ham and Cheese	\$5.00●
Ham, Cheese and Tomato	\$5.50●
Ham and Cheese wrap	\$5.50●

SALADS

Garden salad bowl - no meat (Lettuce, carrot, cheese, tomato, cucumber)	\$5.00●
Garden Salad bowl with Ham or Chicken	\$5.50●
Add a hard boiled egg	\$0.70●

SNACKS

Available to purchase at the counter only

Orange segments - Fresh or Frozen	\$0.20●
Biscuits	\$0.50▲
Frozen Pineapple Rings	\$0.50●
Popcorn—Plain air popped	\$0.50●
Seasonal Fruit—When available	\$varies●
Quelch Icy poles	\$0.50●
Dim Sims—Steamed	\$1.00●
Milo—Hot or Cold	\$1.00●
Jelly Cup—Thurs/Fri Only	\$1.00●
Nachos	\$1.00▲
Paddle Pop—Chocolate, Rainbow	\$2.00▲
Moosies ice cream—Blue Moon, Strawberry	\$2.00▲
Slushie—Small and Regular size	\$1.00/\$2.00●

Birthday Bucket

Berry Quelch Birthday Bucket \$15.00●

Each child in your class will receive an icy pole on the day the bucket is ordered.

Buckets can only be ordered on the days the canteen is open.

Notification will be passed on to the child class from the front office to organise collection of the Birthday Bucket from the canteen.