

# Thurgoona News



Excellence, innovation, opportunity – student success in a caring environment

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Relieving Principal: Joan Courtney

**Term 4 Week 5**

**Tuesday 3 November 2015**

**Highly experienced and enthusiastic teaching and support staff.**

<b>Friday 6 November</b>	Primary Swimming continues Student Leader 2016 nominations due
<b>Monday 9 November</b>	Kinder 2016 – Orientation this week P & C Meeting – 7.00pm
<b>Wednesday 11 November</b>	Remembrance Day
<b>Thursday 12 November</b>	Primary Swimming – additional day
<b>Friday 13 November</b>	Primary Swimming continues ASSEMBLIES: K/Stage 1 DAISY - - 1.50pm to 2.20pm Stage 2/3 BORONIA - 2.25pm to 2.55pm
<b>Monday 16 November</b>	Uniform Shop open – 8.45am to 9.15am
<b>Thursday 19 November</b>	Primary Swimming – additional day
<b>Friday 4 December</b>	Student Councillor Speeches for 2016 – 9.15am
<b>Wednesday 9 December</b>	Presentation Day
<b>Thursday 10 December</b>	Year 6 Farewell
<b>Monday 14 December</b>	Class Parties
<b>Wednesday 16 December</b>	Last day of school for students
<b><u>2016 Dates</u></b>	
<b>Wednesday 27 January</b>	Staff Development Day
<b>Thursday 28 January</b>	Students in Year 1 to 6 commence





Highly experienced and enthusiastic teaching and support staff.



*Stage 2 Camp*

Thurgoona Public School



## Highly experienced and enthusiastic teaching and support staff.

Congratulations to Year 6 for their fantastic organisation of a 'Have-a-Go' Day last Friday. It was fabulous to see the range of activities offered to our students, their teamwork and cooperation in organising their event, their assistance to their peers and the positive manner in which they related to all other students. I think everyone had a great time. Year 6 will now decide what gift they will organise for Thurgoona Public School. If you have any ideas I am sure they would love to hear them. Thanks to Mrs Flower and Mr Adams for their role as mentors on the day.

Tomorrow we wish our chess players the best of luck as they participate in an augural Chess Competition at Charles Sturt University. All players have been enthusiastic in attending practice sessions with Mrs Ward at lunch times. Thanks to Mrs Fowler for being our go-to person for the day.

We also see children heading to Wagga for Operation Art activities. Each stage will attend on different days and be exposed to a range of art activities including mixed media, printmaking and sculpture. Children will be challenged to think about how they use the media and the effects that are created as a result of their experimentation.

We look forward in the next weeks to see our Year 5 students who are being nominated as leaders for 2016. Their next step will be to design and present a poster to show who they are and what they would bring to the role of leader, for our school for next year. I look forward to viewing their posters and listening to the speeches later in the term.

Recently Mrs Maguire, Mrs Zumbo and I attended a forum on anxiety. Below is a link that will take you to a section on anxiety. <http://www.heysigmund.com>. This edition deals with school anxieties – what you can do and what strategies we can give kids to empower themselves to deal with their anxieties. I hope you find it a useful reference. Early next year we will look at hosting Small Steps sessions. Small Steps is a program that aims to raise awareness and improve the recognition of anxiety disorders in children.

Reminder please: - If your child will not be attending Thurgoona Public next year would you please let the office ladies, class teacher or myself know as soon as possible. Thank you!

*Joan Courtney*  
*Relieving Principal*

## LIBRARY NEWS

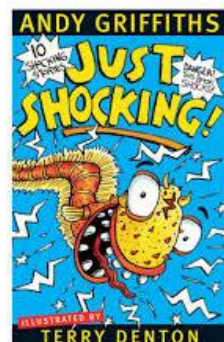


### ***Just Shocking!!***

By Andy Griffiths

The best part of the book was when he was lowering himself on the windscreen and waving at the driver.  
We rate this story 5 star because it was so funny.

By Toby and Jake- Wollemi Pine



Highly experienced and enthusiastic teaching and support staff.



at Thurgoona Public School...

We believe in the superhero Rezilia! We know that if we can become more like her then we are better able to self-regulate our thoughts, feelings, actions and behaviour. Here are some tips to help build greater resilience in your child...

## 10 best phrases to teach resilience to your kids

1 

Goal  
Humour

Phrase  
"Come on, laugh it off"

2 

Goal  
Contain thinking,  
perfectionism and anxiety

Phrase  
"Don't let this spoil everything"

3 

Goal  
Distraction

Phrase  
"Let's take a break"

4 

Goal  
Handling worry and asking for help

Phrase  
"Who have you spoken  
to about this?"

5 

Goal  
Offering hope

Phrase  
"I know it looks bad now but  
you will get through this"

6 

Goal  
Positive reframing

Phrase  
"What can you learn from this so  
it doesn't happen next time?"

7 

Goal  
Acceptance

Phrase  
"Don't worry – relax  
and see what happens!"

8 

Goal  
Perspective

Phrase  
"This isn't the end  
of the world"

9 

Goal  
Flexible thinking

Phrase  
"You could be right. But have you  
thought about ..."

10 

Goal  
Taking action

Phrase  
"What can we do  
about this?"

kidspot

### COOL KID AWARDS

**Winners for this week are:** Daemon Reimann, Matilda Carroll, Ethan Wong, Carly O'Neill, Judd Watson, Siannah Kolarich-Mott, Hugo Inskip, Piper Whitehead, Liam Schofield, Tyler Densley, Elouise timberly, Emily Gyoles, Isabelle Lawrence.

**Highly experienced and enthusiastic teaching and support staff.**

## **MERITS**

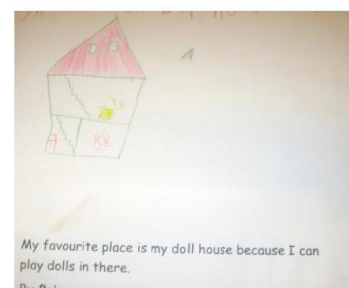
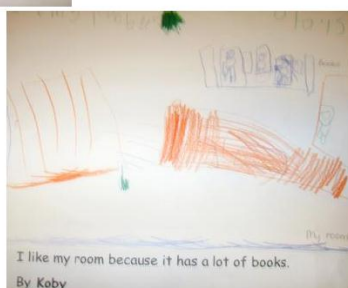
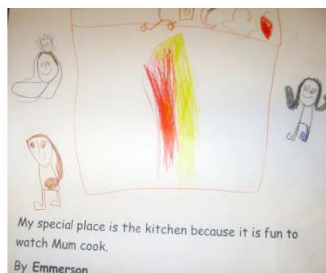
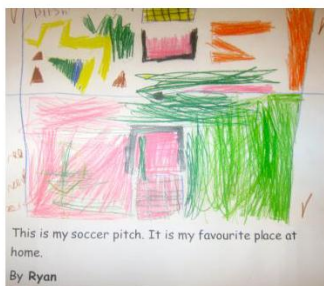
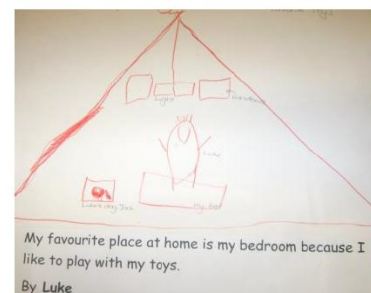
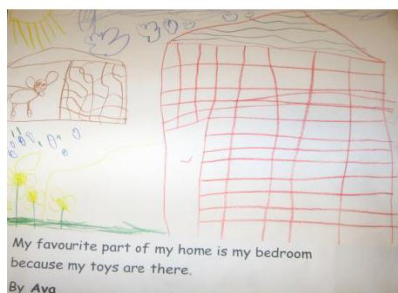
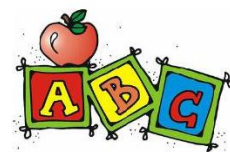
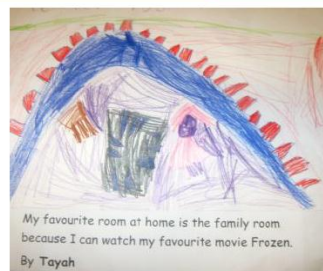
<b>K Daisy</b>	Taj Colley, Carly O'Neill, Lachlan Bowmont, Tyler Densley
<b>K Bottlebrush</b>	Summer McNaughton, Angel Rangi, Riley Sparkes, Lachlan Bowmont
<b>K Pandorea</b>	Grace Hill, Isabella Habermann, Aliyah Cross, Koby Swinson
<b>S1 Lomandra</b>	George Grant, Summer Brunnenmeyer, Jake Deanshaw, Emily Owers
<b>S1 Kangaroo Paw</b>	Darci Dockett, Holly Obbink, Toby Kane, Amelia Owers
<b>S1 Calytrix</b>	Chris Murch, Ella Walsh, Kaidyn Duguid, Joel McLean
<b>S1 Eucalyptus</b>	Josh Thompson, Brody McCarten, Ethan Wong, Jacob Bartholomew
<b>S1 Wollemi Pine</b>	Max Sparks, Mason Godfrey, Jazzmyne Vercoe, Ricky Tonks
<b>Banksia</b>	Makayla Scown, Kayde Dockett, Ryan Lowe, Natane Steele
<b>Boronia</b>	Holly Plunkett, Harry Barber, James Deanshaw, Montana Bartholomew
<b>Paperbark</b>	Adam Nicholls, Charlotte Small, Brandon Tonks, Bryson Daley
<b>Violet</b>	Jack Skahill, Nicola Parr, Tarnee Keintz
<b>Acacia</b>	Riley Holland, Hayden Smith, Tahlee Tracey, Caitlin Nichols
<b>Bluegum</b>	Ella Piltz, Keira Gardiner, Nicola Brownlaw, Nelson Butterfield
<b>Fern</b>	Connor Ayers, Bailey Wakeling, Maiah Montgomery, Yashaya Wilkinson
<b>Waratah</b>	Riley Heywood, Joshua Collins, Zac Cook, Lincoln Hardy

# **Have-a-Go Day**

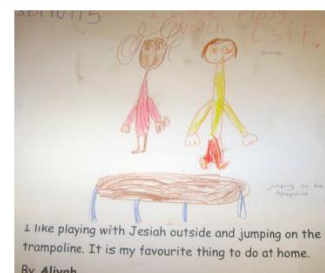
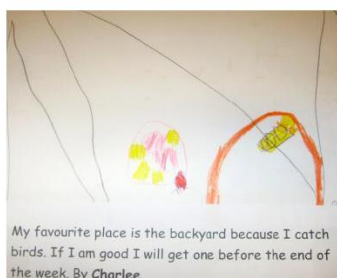




## KBottlebrush describe their special place at home



My favourite place  
At home is my  
Toothless room;  
which is my bedroom.  
I like Toothless, she  
is my friend.  
By Mia



## Stage 1's Awesome Environment Adventure

This term stage 1 has been learning about built and natural environments. Yesterday we went out to explore some environments in the area.

Our first stop was Hume Dam where we went on a hunt to find what was natural and what was built in this particular environment. We had some helpful Water New South Wales guides to lead us around and talk to us about the features of the environment, who uses it, why we need it and what it is used for. After we thought our brains had been well stretched with all the new info we had gathered, we stopped for some lunch in the shade.

Stop two saw us at Wonga Wetlands and again we learnt all about what, who and why as well as exploring the wetlands ourselves. We had a treasure hunt and binoculars and most partnerships found almost everything on their list. Thanks to Albury City for our facilitator and guide.

We returned to school exhausted, both physically and mentally. We could feel our brains growing and we were all ready for a good rest. We all had a fantastic day and have already had feedback of how well behaved, courteous and engaged we were.



### CANTEEN NEWS



#### **"Wednesday Meal Deal"**

**Wednesday 4 November – Hot Dog & Drink \$5.00**

**NO OTHER LUNCH ORDERS WILL BE AVAILABLE ON THIS DAY**

Counter sales remain the same at recess and lunch.

(Next Week – Chicken & Gravy roll)

### P & C NEWS

- [Preloved Uniform Shop](#) – opening days – 16 & 23 November – 8.45am to 9.15am. (Or other days/times by appointment.)
- Our next P&C Meeting is this coming Monday 9 November, 7.00pm in the P&C Room. All welcome. Please join us for a cuppa and chat.





## TPS 2015 Fete Wrap Up

What a successful night we had on Friday 16<sup>th</sup> October at our 2015 TPS Fete.

Thank you to all of you that attended and made it the success it was.

We are still finalising the figures but we are looking at a profit of approximately \$13,000!!

### **And the winners were!!!.....**

Guessing Competition – Hazel Carver won the bike and the secondary prizes went to Hannah Parr & Maksim Gough. There was a total of 3,272 Jelly Beans in the jar.

Chook Poo Lotto – Richard Morunga.

Dunking Machine – Prepaid phone – Riley Holland, blue tooth speakers – Lenny Maguire, Amelia Bartholomew & Chelsea Bartholomew.

Tupperware - (one of our own parents/consultant – Sarah Wiseman) – Tupperware BBQ pack – Darcee.

Bake Off – Amelia Tuckwell, Mia Pearson & Isabella Power won a custom apron and chef's hat handmade by Donna Meigel.



Student art work that was created especially for our art sale, jams/preserves and plants will all be on sale at the front of the school Wednesday, Thursday & Friday afternoon.

Gold coin donation.

Thank you to all the students, teachers, parents, grandparents, aunts, uncles, other relatives and friends that helped out on the night. Big thank you also to all the local businesses that supported our fete.

Your 2015 Fete Co-ordinators

Rachael & Rachel  
Owers Skahill



# Thank You

To the following businesses that helped make our fete the success it was!



- ❖ The Smile Emporium
- ❖ MD Automotive
- ❖ Malibu Boats
- ❖ Kinross Woolshed
- ❖ Zoi Coffee
- ❖ Just Cuts
- ❖ BWS Thurgoona
- ❖ Woolworths Thurgoona
- ❖ 13th Dimension
- ❖ The Men's Shed Thurgoona
- ❖ Evolution Art & Design
- ❖ Your Inspiration At home
- ❖ Tupperware
- ❖ Small Designs Handmade
- ❖ Shannon's Trading
- ❖ The Brothers Cup
- ❖ Piggy's Ice cream Van
- ❖ Albury Fire Brigade
- ❖ Stacka's Petting Zoo

COMMUNITY NEWS

**Albury Wodonga Sustainable Living Week (November 7-14)**

Join us for a week full of educational and interactive community activities! The feature event is the Sustainable Living Market to be held on Saturday November 7 at the Lincoln Causeway between 8am-12pm! Come along for cooking demonstrations showcasing local food, speed date a sustainable designer or participate in free workshops and craft activities for kids and adults. For more information visit [www.alburycity.nsw.gov.au/whats-on](http://www.alburycity.nsw.gov.au/whats-on)

*Term 4 2015*

		<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>November</i>	<i>5</i>	2 <i>Stage 1 Wonga Wetlands/ Hume Weir excursion</i>	3	4 Op Art-St 1 CSU Chess Competition	5 Op Art-St2	6 Primary Swimming Op Art-St3 Student Councillor 2015 nominations	7	8
	<i>6</i>	9 K-2016 Orientation this week P & C Meeting	10 JFHS Parent Session	11 Remembrance Day	12 JFHS Y7 Transition Extra #2 <i>Primary Swimming</i>	13 Primary Swimming  Assembly - Boronia & Daisy	14	15
	<i>7</i>	16 K-2016 Orientation this week	17	18	19 <i>Primary Swimming</i>	20 Primary Swimming	21	22
	<i>8</i>	23 K-2016 Orientation this week Intensive Swimming Yr 2 all week Student Councillor 2016 posters due	24	25	26	27 Assembly- Fern & Pandorea	28	29
<i>December</i>	<i>9</i>	30 Intensive Swimming Yr 2 all week	1	2 JFHS Y7 Orientation Day#2	3	4 <i>Student Councillor Speeches for 2016 - 9-15am</i>	5	6
	<i>10</i>	7 P & C Meeting/End of Year event	8	9 Presentation Day	10 Year 6 Farewell	11 <i>Scripture Christmas service</i>	12	13
	<i>11</i>	14 <i>Class Party Day</i>	15 <i>Moving Day</i>	16 Last day of school for students	17 Staff Development Day	18 Staff Development Day	19	20