

Thurgoona News



Excellence, innovation, opportunity – student success in a caring environment

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Relieving Principal: Joan Courtney

Term 1 Week 5

23 February 2016

Valued partnerships with parents and the wider community.

24,25,26 February	Stage 3 Ballarat/ Melbourne excursion
Friday 4 March	K-2 Responsible Pet Education Program ASSEMBLIES: K/Stage 1 Kangaroo Paw - 1.50pm to 2.20pm Stage 2/3 Fern - 2.25pm to 2.55pm Presentation of swimming medallions Scripture commences
Monday 14 March	P & C AGM – 7.00 pm – Library – All welcome
Friday 18 March	Albury Gold Cup – ½ day holiday
Thursday 24 March	Easter Hat Parade
Friday 25 March	Good Friday holiday
Monday 28 March	Easter Monday holiday
Wednesday 30 March	Athletics Carnival – Yrs 3-6
Friday 1 April	ASSEMBLIES: K/Stage 1 Lomandra - 1.50pm to 2.20pm Stage 2/3 Acacia - 2.25pm to 2.55pm
Wednesday 6 April	School photos
Friday 8 April	Last day Term 1

Tomorrow we see stage 3 and teachers - Mr Adams, Mr Bailly, Mrs Maguire and Mrs Ward, set off on their adventure to Ballarat. It is an early start and children will need to be here at school by 6:00 am – with bus leaving promptly at 6:15am. The itinerary is packed full with no time to spare or delay. We will see all return on Friday afternoon about 4:45pm. Mrs Maguire will post any delays *or* check the front windows at school at home time for messages. I am sure all will have a wonderful time and of course my expectation is that student behaviour is exemplary – as is our normal expectation.

Our fortnightly assemblies for 2016 will begin on Friday 4 March – with K and Stage 1 at 1:50 pm to 2:20 pm and Stage 2 and 3 from 2:25 pm to 2:55 pm. I hope you can join us as often as possible throughout the year. Class items are advertised on the calendar at the end of our newsletter. Starting our roster is Stage 1 Kangaroo Paw and Stage 2 Fern.

Scripture lessons will also begin on Friday 4 March. Thank you to all parents who have returned notes for Scripture choices. No note returned will see your child in non-denominational scripture lessons.

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Today we held our evacuation drill and as expected everything went smoothly – even though, while our siren was sounding an ambulance siren could also be heard in the distance. It added some reality to the situation. Thankfully the ambulance sailed on past the school! Children are to be commended on how well they followed instructions, waited quietly for rolls to be marked and listened to instructions at the end. I am extremely proud of their conduct.

Joan Courtney
Relieving Principal



at Thurgoona Public School...

Grit is a distinct combination of passion, resilience, determination, and focus that allows a person to maintain the discipline and optimism to persevere in their goals even in the face of discomfort, rejection, and a lack of visible progress. We encourage students at TPS to develop grit by jumping into the learning pit. This is preparing our students to face the challenges that life may throw at them.



Responsible Pet Education Program



Kindergarten, Year 1 and Year 2 will participate in the Responsible Pet Education Program on Friday 4 March. Helen Bishop will present the program, accompanied by her dog, Milo.

The program teaches children about how to behave around animals that are both familiar and unfamiliar to them. The sessions will be held in the hall between 11.45am until 1.20pm.

For further details please see Miss Kerr.

Buddy News

Two members from the Richmond Football Club recently came to speak to our Year 4 and Kinder buddies. The Richmond Football Club sponsors the Alannah and Madeline Foundation and they were keen to visit Thurgoona Public to speak to students about the importance of being good buddies, in relation to bully prevention. However, they also found time to answer questions about being a top player and have a kick of the footy too.



More about Bullying....

Information supplied by the Alannah and Madeline foundation

'It is difficult to find any universally accepted definition of bullying. We find the following definition helpful:

*Bullying is a pattern of **repeated** physical, verbal, psychological or social aggression that is directed towards a specific student **by someone with more power** and is **intended to cause harm, distress and/or create fear**. Bullying may be carried out overtly (e.g. face-to-face) or covertly (e.g. through repeated social exclusion or via technology). It is a sub-category of aggression and is different to, but also related to, harassment and violence. **It is not the same as conflict or social dislike** even though, in some cases, the outcome of both can be bullying.*

The different types of bullying

-Face-to-face bullying (sometimes referred to as direct bullying) involves physical actions such as punching or kicking, or overt verbal actions such as name-calling and insulting.

-Covert bullying (sometimes referred to as indirect bullying) is a subtle type of non-physical bullying which isn't easily seen by others, is conducted out of sight, and is often unacknowledged by adults.

-Cyber bullying occurs through the use of information or communication technologies such as instant messages, text messages, email and social networking sites. It has many similarities with offline bullying but it differs in that the student(s) who is/are bullying can be anonymous, it can reach a wide audience and the sent or uploaded material can be difficult to remove.

Most students who cyber bully also bully offline. It is now recognized that many forms of covert bullying appear to have significant potential for serious harm.

Another way of looking at it is:

- ❖ When someone says or does something **unintentionally hurtful** and they do it **once**, that's **rude**.
- ❖ When someone says or does something **intentionally hurtful** and they do it **once**, that's **mean**.
- ❖ When someone says or does something **intentionally hurtful** and they **keep doing it** – even when you tell them to stop or they see you are upset, that's **bullying**. (Ludwig, 2014)

Bullying is different from other forms of negative or distressing peer behavior such as one-off acts of meanness or nastiness, conflict, one-off acts of rejection or exclusion, or random single incidents of physical or emotional aggression. Many distressing behaviours are not examples of bullying, even though they are unpleasant and usually require teacher intervention and management.

There are three socially unpleasant situations that are often confused with bullying:

Mutual conflict

In mutual conflict situations, there is an argument or disagreement between students, but not an imbalance of power. Both parties are upset and usually want a resolution to the problem. However, unresolved mutual conflict sometimes develops into a bullying situation, with one person becoming targeted repeatedly for 'retaliation' in a one-sided way.

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Social rejection or dislike

Unless the social rejection is directed towards someone specific and involves deliberate and repeated attempts to cause distress, exclude or create dislike by others, it is not bullying.

Single-episode acts of nastiness or physical aggression are not the same as bullying. If a student is verbally abused or pushed on one occasion, they are not being bullied. Nastiness or physical aggression that is directed towards many different students is not the same as bullying

If you feel you are being bullied you need to talk to someone you can trust, don't put up with it or try to fix it yourself. Talk to teachers, parents, other family members, or supportive friends. Remember, it's not your fault this is happening to you and you need adult help and support.

At Thurgoona Public School we have both a School Counsellor and Student Welfare Teacher who can be of assistance. Please feel free to phone for an appointment or ask at the office.

Kinder Buddy lunch

Last week kindergarten thanked their buddies with a special lunch. Everyone enjoyed their lunch. Kindergarten would like to thank their buddies for helping them have a great start to school in 2016.

Thank you buddies.




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P&C News


A reminder our upcoming Annual General Meeting will be held on Monday 14 March at 7.00pm in the school library. We look forward to welcoming all existing and new parents, families and carers.

There are many ways to be involved in our P&C – by helping out with fundraising, canteen duty or the uniform shop. If you are interested in undertaking a role on the committee, positions include: President, Vice President, Secretary, Treasurer, Canteen Treasurer, Fundraising Committee and Uniform Shop Co-ordinator. All positions will be declared vacant and we would like to welcome new nominees who may be interested in any of these roles. P&C meetings are generally held on the 2nd Monday of each month throughout the school terms, they are relaxed and informal – a chance to meet other parents and contribute to our school community. More details will follow in the coming weeks.

Community News

**JOHNSONSMME**
Chartered Accountants | Business Advisors

**Lake Hume
Cycle Challenge**
Feb 27, 2016



**RIVERSIDE FAMILY
RIDE OR WALK**


Perfect for groups of school aged children, mums and dads who want to ride with their kids or more casual adult riders, the Family Riverside Ride (or walk) is the perfect way to participate in the Lake Hume Cycle Challenge without doing the k's.






Start at Noreuil Park at 9.30am and ride to the Kremur St boat ramp (5km return), Horseshoe Lagoon (10km return) or Wonga Welands (14km return).

Relax back at Noreuil Park listening to gypsy jazz and enjoying farmers' market vendors and refreshments.

Register online (\$15pp) or on the day (\$20pp). Online entries close 3pm Friday 26 February. Entry fee includes enroute refreshments.

Proceeds to aid
Albury Wodonga Regional Cancer Centre Trust Fund Inc.

presented by  **ROTARY CLUB
OF
BELLBRIDGE LAKE HUME**

sponsored by     

www.lakehumechallenge.com.au

**Join Our Committee
Albury FRC**

**Volunteer Committee
Members Needed**



country hope

**Could you make the
difference
in a special child's life?**

Country Hope Albury Wodonga is seeking new fundraising committee members to assist with the ongoing planning of fundraising and events. To apply or find out how you can get involved contact the Country Hope Albury Office on 02 60 256 880, or email albury@countryhope.com.au or www.countryhope.com.au



**2016 Southern Sports Academy
Wagga RSL Club
Junior Netball Athlete & Umpire
Development Camps**






**Hosted by Jackie Murphy
(former NSW Swifts player)**

**Wagga Wagga Netball Courts, Equex
Centre, Koorlingal Road, Wagga Wagga**

Athlete Camps
19th - 22nd April 2016, 9am—3.30pm
7/8/9/10 Years
Tuesday 19th / Wednesday 20th April
11/12/13/14 Years
Thursday 21st / Friday 22nd April
COST \$120.00*

Umpire Camp
22nd April 2016, 10am—3.30pm
COST \$40.00*
* Includes Junior Netball Camp Gift Pack

*Please mention Thurgoona PS when registering.
There is a trophy for the school with the most entries!!*

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Term 1 2016

Items in red are new additions to the calendar

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
February	5	22	23	24 STAGE 3 - Ballarat excursion Albury PSSA Swimming Carnival	25 STAGE 3 - Ballarat excursion	26 STAGE 3 - Ballarat excursion	27	28
March	6	29	1 PSSA Basketball trials- St 3	2	3	4 Assembly 1:50 pm ES1/ S1 - Kangaroo Paw 2:25 pm S2/ S3 - Acacia PSSA Hockey trials- St 3	5	6
	7	7 Riverina primary Swimming Carnival	8 AFL Auskick Clinic - 9:00 - 12:30	9 PSSA Football trials- St 3	10 PSSA Diving Trials - St 3	11 Mortimer Shield Stage 3	12	13
	8	14	15 PSSA Waterpolo trials St 3 PSSA Football - girls trials- St 3	16 AECG Meeting Responsible Pet Program K/S1	17	18 Gold Cup ½ day holiday	19	20
	9	21	22	23	24 Easter Hat Parade	25 Good Friday	26	27
April	10	28 Easter Monday	29 Albury PSSA Netball trials- St 3	30 Thurgoona Public Athletics Carnival	31	1 Assembly 1:50 pm ES1/ S1 - Lomandra 2:25 pm S2/ S3 - Fern	2	3
	11	4 PSSA Rugby League trials- St 3	5	6 School photos NSW PSSA Diving/Swimming- Homebush	7	8	9	10
		11	12	13	14	15	16	17
		18	19	20	21	22	23	24