

Thurgoona News



Excellence, innovation, opportunity – student success in a caring environment

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Relieving Principal: Joan Courtney

Term 1 Week 7

8 March 2016

Successful sporting teams with focus on healthy life-style.

Wednesday 9 March	Year 6 – Taste of High School - JFHS
Thursday 10 March	Clean Up Australia Day
Friday 11 March	S3 Mortimer Shield Rugby
Monday 14 March	Uniform shop open – 8.45 – 9.15 am P & C AGM – 7.00 pm – Library – All welcome
Friday 18 March	Albury Gold Cup – ½ day holiday – 12 noon finish – no buses
Thursday 24 March	Easter Hat Parade – 2.00pm
Friday 25 March	Good Friday
Monday 28 March	Easter Monday Holiday

What an amazing 'Fun Day' for Ryleigh on Sunday!

Thank you to all who contributed to our cake stall and guessing competition in support of the Franz family. It was just amazing to witness the support from our school community and the wider community towards this event. We are lucky to have such a caring and supportive community!

To our school leaders - a big '*Well Done*' for their efforts with the jellybean guessing competition. Their diligence and dedication to their task reinforces why they are our 2016 leaders. There were 907 jelly beans in the jar and the jar was won by Hayley Hoppe with the closest guess of 899.

Today students in Years 3 and 5 should bring home a letter about NAPLAN. It outlines what NAPLAN assessment is and when it happens. Please make sure you have the dates in your diary and that your child is here at school for this assessment.

Tomorrow all of Year 6 head to James Fallon High School for a taste of high school day. Today Year 6 will be bringing home their '***Expression Of Interest For Enrolment In Year 7 in 2017***'. This form must be completed **and returned to us by Friday 18 March, 2016**. Please read instructions carefully and if you have any questions come and see us. ***All forms must be returned*** – regardless of the school your child will be attending in Year 7.

On Thursday Thurgoona Public will do our part towards Clean-up Australia. Please help us by making sure your child/children have their hats, gloves and a plastic bag to put the rubbish in. Children in Stages 2 and 3 will also need to have returned their permission notes to clean areas outside of the school.

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Monday night will see the Annual General Meeting of our P & C. I would like to take this opportunity to thank the 2015 committee for a wonderful year, filled with amazing support for our children and school. The P&C association is made up of parents, caregivers and citizens usually from within the school enrolment zone. The P&C Federation is committed to fostering the community partnership at every level within the Department of Education and celebrating the achievements of the government school system. Our P & C works tirelessly with the school to benefit our students. The P & C meet on the second Monday of the month from 7:00 pm to 9:00 pm. Please consider coming along to the AGM. All positions will be declared vacant and a new leadership team elected.

Thank you to the many parents who attended our first assembly for 2016 last Friday. We were overwhelmed at the number of parents who came along to help us celebrate the learning our students do at Thurgoona Public. Your children, and the staff, love having you attend to watch items, see award presentations or just being there because you are interested. We appreciate you making the time and effort to be involved in what our school does.

Joan Courtney
Relieving Principal



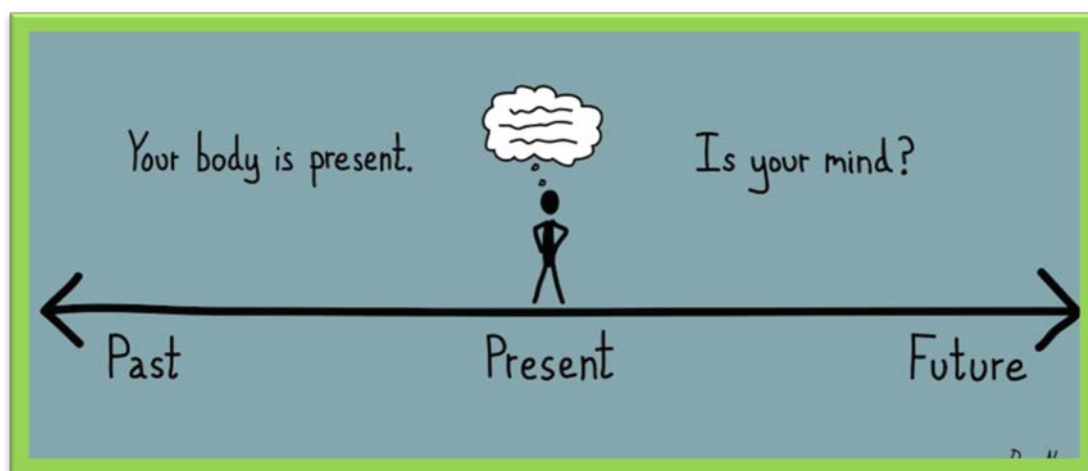
at Thurgoona Public School...

At TPS we are developing student's capacity to become more mindful during day to day activities. Mindfulness is about training yourself to pay attention in a specific way.

When a person is mindful, they:

- Focus on the present moment
- Try not to think about anything that went on in the past or that might be coming up in future
- Purposefully concentrate on what's happening around them

We know that by developing this in students they can become more absorbed learners and more able to cope when the pressure may mount.



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NOTES HOME

ES1 & S1 Gymnastics	ES1 & S1 Easter Hat note
S3 - Mortimer Shield Rugby League	NAPLAN – Yrs 3 & 5

Notes are also available on the website – www.thurgoona-p.schools.nsw.edu.au

Gymnastics K-2

Term 2	Week 2-10	Wednesdays	Kindergarten Gymnastics
Term 2	Week 1	Thursday	Stage 1 Gymnastics
	Week 2	Thursday	No Gymnastics (K-2 Fun Day)
	Week 3-10	Thursdays	Stage 1 Gymnastics

Library News

- ❖ Just a reminder that students can come to the library before school if they wish to borrow library books.
- ❖ Scholastic Book club Issue 2 orders are due back by this **Friday 11 March**.



Our swimming carnival champions for 2016



Our swimmers who competed in the Big Splash at the Albury Pool representing our school in this fundraiser

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Merit Awards

K -BOTTLEBRUSH	Josiah Allen, Sam Nicholls, Paige Schmidt–Towers, Lily Baumgartner
K - DAISY	Aleisha Warford, Harry Stephenson
K - GREVILLEA	Joyce Vogel, Cameron Gordon, Chloe Baker, Bailey Meredith
K -WATTLE	Thomas Davys, Jack Woods, Eva Tilson
S1 -CALYTRIX	Claire Watson, JB Andrews, Bryden Hunkin, Evie Hillary
S1 -GIMLET GUM	William Lane, Emily Owers, Lachlan Bowmont, Thomas McGregor
S1 -HIBISCUS	Logan Simic, Carly O’Neil, Taj Colley, Alice Whitbourn
S1 -KANGAROO PAW	Lily Black-Britton, Darby Campbell, Leo Pamatangi, Kyla MacPherson
S1 - KURRAJONG	Kobe Watson, Aliyah Cross, Bella Habermann, Darci Dockett
S1 -LOMANDRA	Ryan Armstrong, Georgia Lieschke, Alice Beavan, Jake Huggard
S2 BANKSIA	Taylor Furze, Jodi Guy, Bryson Daly & Joe Horsburgh
S2 DRYANDRA	Abbey Bowling, Bobby Reuss, Toby Kane & Hayden Hewson
S2 FERN	Sophie Lawrence, Lachlan Marks, Zoe Kentwell, & Tarnee Keintz
S2 VIOLET	Olivia Creek, Kayde Dockett, Jarvis Pamatangi
S3 ACACIA	Kira Howell, Ella Piltz, Joseph Hartshorn & Emily Cogdell
S3 BLUEGUM	Danielle Marks, Montana Bartholomew, Caitlin Stepowany & Alissa Rahaley
S3 BORONIA	Alyssa Makeham, Bella Taylor, Seamus Brennan & Levi Wood.
S3 WARATAH	Hannah Lansdown, Stephanie Cooper, Alex Roach, Grace Armstrong & Rhyannon Kelly

Kangaroo Paw News



In **Kangaroo Paw** we have been discussing what makes a good friend. We came across this recipe and would like to share it with you!

Ingredients to Make a Good Friend

A jar of kindness
A spoonful of listening
A can of honesty
A tube of trust
A carton of patience
1kg of forgiveness
A box of encouragement
A pot of respect
A bag of loyalty
And a bottle of fun!
Add all the ingredients and combine to form true friendships.



Thurgoona Public School

P&C

Annual General Meeting

**Monday 14 March, 7pm
School Library**

Our P&C Association is a school-based organisation consisting of parents, teachers and interested citizens.

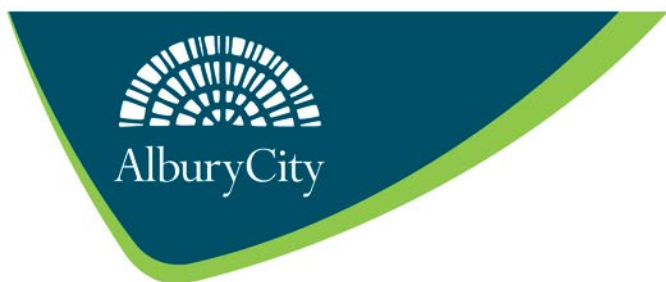
The P&C's role is to provide a forum in which parents can develop their partnership with the school and articulate their aspirations for their children's education.

P&C is a great opportunity to become involved in the school community, meet other parents, learn more about the education system and help to improve the learning environment and resources of our children.



We look forward to seeing you there, welcoming all past, current and new parents and families.

P&C - we welcome everyone.



Harmony Day at the Wood Fired Oven

Sunday 20 March, Hovell Tree Park - 2pm – 5pm

Free event - Enjoy an afternoon of music, food and great company when our diverse community comes together for Harmony Day.

Our theme this year is 'Everyone is Welcome'. Hovell Tree Park will be transformed into an enormous lounge room where you can enjoy the tastes, colours and sounds of many different cultures that call Albury home.

The event finishes with the Indian community's celebration of Holi: Festival of Colour, which celebrates the triumph of good over evil and is always such an uplifting way to finish the weekend.



Albury Anxiety Support Group

For support visit -

<http://understandinganxiety.wayahead.org.au/support/support-groups/support-group-locations/>

Thurgoona Touch Football



Looking for something to do? Get in touch with Touch Football!

Start Date:	Tuesday 8 th March 2016 4.30pm - 6.00pm
Training Sessions:	15, 22, 29 March 5, 12 th April
Where:	Ernest Grant Park
Who can come:	Boys and girls aged between 9 -13yrs
What to Bring:	Drink bottle with plenty of water
Further info:	Mandy Wilson on 6023 8295 or 0409 468 848
Cost:	FREE

Mums, dads & carers of girls with
Asperger's / Autism



Meet for lunch & share each other's
knowledge, experience & wisdom

Dates: Friday 6th Nov, 4th Dec,
5th Feb, 4th Mar & 1st Apr

St. Ives on Causeway

12 - 2pm

For further information please contact

Kerry on 0412 033 051



Nutrition Snippet

The simplest way

to see if you're eating enough fruit & veg.

Take the Fruit & Veg Challenge!
Write down everything you ate and
drank yesterday and see if you got the
2 serves of fruit and 5 serves of veg
you need:



Here is an example:

Drinks: 2 cups of tea, 2 x 125ml glasses of OJ, 3 glasses
of water

Snacks: 1 tub yoghurt, 1 banana, 2 biscuits

Breakfast: 2 slices toast with butter and jam

Lunch: 1 medium potato with tuna and cheese, 1 apple

Dinner: Macaroni cheese, ½ cup peas, 2 slices garlic
bread

This person ate 3 serves of fruit (juice only counts as one
serve) but only 3 serves of veg. If you're eating less fruit
or veg than you need, have a think now about how you
can eat more.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Bunnings Albury FREE Family Easter Night, Thursday 17th March 6pm-8pm. Come and enjoy showbags, face painting, balloon sculptures, fairy floss, jumping castle, animal nursery as well as lots of Easter craft. The Easter bunny will also be making an appearance and a DJ will help the kids dance the night away! Dinner and drinks are provided. Bookings are essential and can be made online, instore or via phone.

Bunnings will also be running a colouring in competition. Colour in the picture and return to either the school or Bunnings store with the school's name clearly marked on each one. The more entries you return the greater chance your school has to WIN! The schools competition will be drawn on Monday 28th March with a \$200 Bunnings gift card up for grabs.





Name: _____

Age: _____

Telephone: _____

Local Store: _____

Bunnings Group Ltd is giving you the chance to win \$50 worth of products or branded merchandise in our colouring competition. There will be 3 winners at each store.

All you have to do is colour in the scene above & deliver it to your local warehouse by 6pm Monday 28th March 2016. The winners will be notified on Tuesday 29th March by phone.

- Competition is open to ages up to and including 12 years old.
- 1 entry limit per person
- The judge's decision is final & no correspondence will be entered into.
- Bunnings Group Ltd employees, suppliers & their families are ineligible to enter
- Personal information will only be used to contact the winners.

BUNNINGS
warehouse

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Term 1 2016

Items in red are new additions to the calendar

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
March	7	7 Riverina primary Swimming Carnival	8 Estia Visit Kangaroo Paw	9 Y6 High school experience day PSSA Football trials- St 3	10 <i>TPS Clean-up</i> <i>Australia Day</i> PSSA Diving Trials - St 3	11 Mortimer Shield Stage 3	12	13
	8	14 PSSA Basketball trials S3 <i>P & C AGM - 7:00pm</i>	15 PSSA Waterpolo trials St 3	16 AECG Meeting Responsible Pet Program K/S1 PSSA Water polo trials S3	17	18 Gold Cup ½ day holiday	19	20
	9	21 PSSA Hockey Trials S3	22 <i>Harmony Day</i> Estia Visit - Fern	23 <i>H2L Colour Day</i>	24 Easter Hat Parade PSSA Boys soccer trials S3	25 Good Friday	26	27
April	10	28 Easter Monday	29 Estia Visit Acacia	30 Thurgoona Public Athletics Carnival PSSA girls soccer trials S3	31 <i>St 2 Wirrimina Excursion</i>	1 Assembly 1:50 pm E51/ S1 - Lomandra 2:25 pm S2/ S3 - Fern	2	3
	11	4	5 Estia visit Lomandra	6 School photos NSW PSSA Diving/Swimming- Homebush	7 <i>St 2 Wirrimina Excursion</i>	8 Last day of Term	9	10
		11 Holidays	12	13	14	15	16	17
		18 Holidays	19	20	21	22	23	24
Term 2	1	25 ANZAC Day March	26 Staff Development Day	27 Students return Term 2	28 <i>Stage 1 Gymnastics</i>	29	30	1
May	2	2	3	4 <i>K Gym</i>	5 K-2 Fun Day	6 <i>Thurgoona Public Cross Country Assembly 11:45 am E51/ S1 - Calytrix 12:20 pm S2/ S3 - Waratah</i>	7	8
		9	10 NAPLAN - Yrs 3 & 5	11 <i>K Gym</i> NAPLAN - Yrs 3 & 5	12 <i>St 1 Gym</i> NAPLAN - Yrs 3 & 5	13	14	15